






May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CB Aerobics 8:00 - 9:00 am Strength 45 - Fit 9:15 - 10:00 am Zumba 10:15 - 11:15 am Luv 2 Act 4:15 - 5:45 pm	2 Zumba Gold 9:00 - 10:00 am Line Dance 10:15 - 11:15 am Tae Kwon Do 6:00 - 8:45 pm	3 CB Aerobics 8:00 - 9:00 am Strength 45 - Fit 9:15 - 10:00 am Moving for Better Balance 10:30 - 11:30 am Mini Monets 4:20 - 5:05 pm	4 Zumba Gold-Toning 9:00 - 10:00 am Raqs Sharqi Dance 4:30 - 5:30 pm Youth Guitar 6:00 - 7:00 pm Adult Guitar 7:00 - 8:00 pm Zumba 6:00 - 7:00 pm	5 CB Aerobics 8:00 - 9:00 am Strength Fusion 9:15 - 10:15 am Moving for Better Balance 10:30 - 11:30 am Champions in Motion 6:00 - 6:45 pm white belts 6:45 - 7:30 pm yellow/green 7:30 - 8:15 pm blue & above	6 Zumba Toning 9:00 - 10:00 am
	8 CB Aerobics 8:00 - 9:00 am Strength 45 - Fit 9:15 - 10:00 am Zumba 10:15 - 11:15 am Luv 2 Act 4:15 - 5:45 pm	9 Zumba Gold 9:00 - 10:00 am Line Dance 10:15 - 11:15 am Tae Kwon Do 6:00 - 8:45 pm	10 CB Aerobics 8:00 - 9:00 am Strength 45 - Fit 9:15 - 10:00 am Moving for Better Balance 10:30 - 11:30 am Mini Monets 4:20 - 5:05 pm	11 Zumba Gold-Toning 9:00 - 10:00 am Raqs Sharqi Dance 4:30 - 5:30 pm Youth Guitar 6:00 - 7:00 pm Adult Guitar 7:00 - 8:00 pm Zumba 6:00 - 7:00 pm	12 CB Aerobics 8:00 - 9:00 am Strength Fusion 9:15 - 10:15 am Moving for Better Balance 10:30 - 11:30 am Champions in Motion 6:00 - 6:45 pm white belts 6:45 - 7:30 pm yellow/green 7:30 - 8:15 pm blue & above	13 Zumba Toning 9:00 - 10:00 am
	15 CB Aerobics 8:00 - 9:00 am Strength 45 - Fit 9:15 - 10:00 am Zumba 10:15 - 11:15 am Luv 2 Act 4:15 - 5:45 pm	16 Zumba Gold 9:00 - 10:00 am Line Dance 10:15 - 11:15 am Tae Kwon Do 6:00 - 8:45 pm	17 CB Aerobics 8:00 - 9:00 am Strength 45 - Fit 9:15 - 10:00 am Moving for Better Balance 10:30 - 11:30 am Mini Monets 4:20 - 5:05 pm	18 Zumba Gold-Toning 9:00 - 10:00 am Raqs Sharqi Dance 3:30 - 4:30 pm Youth Guitar 6:00 - 7:00 pm Adult Guitar 7:00 - 8:00 pm Zumba 6:00 - 7:00 pm	19 CB Aerobics 8:00 - 9:00 am Strength Fusion 9:15 - 10:15 am Moving for Better Balance 10:30 - 11:30 am Champions in Motion 6:00 - 6:45 pm white belts 6:45 - 7:30 pm yellow/green 7:30 - 8:15 pm blue & above	20 Zumba Toning 9:00 - 10:00 am
	22 CB Aerobics 8:00 - 9:00 am Strength 45 - Fit 9:15 - 10:00 am Zumba 10:15 - 11:15 am Luv 2 Act 4:15 - 5:45 pm	23 Zumba Gold 9:00 - 10:00 am Line Dance 10:15 - 11:15 am Tae Kwon Do 6:00 - 8:45 pm	24 CB Aerobics 8:00 - 9:00 am Strength 45 - Fit 9:15 - 10:00 am Moving for Better Balance 10:30 - 11:30 am Mini Monets 4:20 - 5:05 pm	25 Zumba Gold-Toning 9:00 - 10:00 am Raqs Sharqi Dance 3:30 - 4:30 pm Youth Guitar 6:00 - 7:00 pm Adult Guitar 7:00 - 8:00 pm Zumba 6:00 - 7:00 pm	26 CB Aerobics 8:00 - 9:00 am Strength Fusion 9:15 - 10:15 am Moving for Better Balance 10:30 - 11:30 am Champions in Motion 6:00 - 6:45 pm white belts 6:45 - 7:30 pm yellow/green 7:30 - 8:15 pm blue & above	27 Zumba Toning 9:00 - 10:00 am
	29 CLOSED Happy Memorial Day!	30 Zumba Gold 9:00 - 10:00 am Line Dance 10:15 - 11:15 am Tae Kwon Do 6:00 - 8:45 pm	31 CB Aerobics 8:00 - 9:00 am Strength 45 - Fit 9:15 - 10:00 am Moving for Better Balance 10:30 - 11:30 am Mini Monets 4:20 - 5:05 pm	All fitness class participants must be a Recreation Center member or pay the daily guest fee prior to attending class.		