



September 2006



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Basic Aerobics 8-9 am</i>	2 <i>B-Fit 8:30-9:30 am Hula 12-3 pm</i>
3	4 <i>CB Aerobics 8-9 am Step & Sculpt 6-7 pm Hula Class 7-9 pm GED Class 5-8 pm</i>	5 <i>B-Fit 8-9 am Pilates 9-10 am Yoga 6:45- 8:00 pm GED Class 5-8 pm</i>	6 <i>CB Aerobics 8-9 am Tae Kwon Do 6-7 pm Tae Kwon Do 7-8 pm GED Class 5-8 pm</i>	7 <i>Have A Ball 8-9 am Chi/Core 9-10 am Yoga 10:30-11:45 am Yoga 5:45-6:45 pm Hula Class 7:30-9 pm GED Class 5-8 pm</i>	8 <i>Basic Aerobics 8-9 am</i>	9 <i>B-Fit 8:30-9:30 am Hula Class 12-3 pm</i>
10	11 <i>CB Aerobics 8-9 am Step & Sculpt 6-7 pm Hula Class 7-9 pm GED Class 5-8 pm</i>	12 <i>B-Fit 8-9 am Pilates 9-10 am Yoga 6:45-8:00 pm GED Class 5-8 pm</i>	13 <i>CB Aerobics 8-9 am Tae Kwon Do 6-7 pm Tae Kwon Do 7-8 pm GED Class 5-8 pm</i>	14 <i>Have A Ball 8-9 am Chi/Core 9-10 am Yoga 10:30-11:45 pm Yoga 5:45-6:45 pm Hula Class 7:30-9 pm GED Class 5-8 pm</i>	15 <i>Basic Aerobics 8-9 am</i>	16 <i>B-Fit 8:30-9:30 am Hula Class 12-3 pm</i>
17	18 <i>CB Aerobics 8-9 am Step & Sculpt 6-7 pm Hula Class 7-9 pm GED Class 5-8 pm</i>	19 <i>B-Fit 8-9 am Pilates 9-10 am Yoga 6:45-8:00 pm GED Class 5-8 pm</i>	20 <i>CB Aerobics 8-9 am Tae Kwon Do 6-7 pm Tae Kwon Do 7-8 pm GED Class 5-8 pm</i>	21 <i>Have A Ball 8-9 am Chi/Core 9-10 am Yoga 10:30-11:45 am Yoga 5:45-6:45 pm Hula Class 7:30-9 pm GED Class 5-8 am</i>	22 <i>Basic Aerobics 8-9 am</i>	23 <i>B-Fit 8:30-9:30 am Hula Class 12-3 pm</i>
24	25 <i>CB Aerobics 8-9 am Step & Sculpt 6-7 pm Hula Class 7-9 pm GED Class 5-8 pm</i>	26 <i>B-Fit 8-9 am Pilates 9-10 am Yoga 6:45-8:00 pm GED Class 5-8 pm</i>	27 <i>CB Aerobics 8-9 am Tae Kwon Do 6-7 pm Tae Kwon Do 7-8 pm GED Class 5-8 pm</i>	28 <i>Have A Ball 8-9 am Chi/Core 9-10 am Yoga 10:30-11:45 am Yoga 5:45-6:45 pm Hula Class 7:30-9 pm GED Class 5-8 am</i>	29 <i>Basic Aerobics 8-9 am</i>	30 <i>B-Fit 8:30 -9:30 am Hula Class 12-3 pm</i>