

## **Employee Benefit Resource Contact Sheet**

### **Hurricane Emergency Operations Line for Employees:**

Ph. 910-458-6503

### **Blue Cross Blue Shield of NC:**

Ph. 1-877-258-3334

[www.bcbsnc.com](http://www.bcbsnc.com)

### **Medco (Rx by Mail Program):**

Ph. 1-800-711-0926

### **Guardian Customer Response Unit (Dental Plan):**

Ph. 1-800-541-7846

[www.guardianlife.com](http://www.guardianlife.com)

### **Employers Direct Health (Flexible Spending Plan):**

Ph. 1-800-550-8009

[www.flex@edh.com](http://www.flex@edh.com)

### **NC Retirement System Division:**

Ph. 1-877-627-3287

[www.myncretirement.com](http://www.myncretirement.com)

### **Worker's Compensation Provider (Medac Corporate Health Services):**

Ph. 910-452-7000

5220 Oleander Drive

### **Employee Assistance Program:**

Ph. 1-800-326-3864

[www.fhahelps.com](http://www.fhahelps.com)

### **Member Health Partnership (Blue Cross Blue Shield):**

Ph. 1-800-218-5295

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For assistance with HR matters or concerns (i.e. job related, employee relations, payroll, benefits, and safety and health) please see:

Sheila Mallard, HR Officer

Ph. 458-9530

[sheila.mallard@carolinabeach.org](mailto:sheila.mallard@carolinabeach.org).