

# *Hula Hoop Fitness*



**New Class Day & Time**  
**Tuesdays 5:30—6:30pm**

**The Hoop Fitness workout with instructor Kelly Jo Stull is a feel good class that inspires strength, confidence, power and poise using the hula hoop.**

**Recreation Center members \$6.00 per class**

**Non-Members \$8.00 per class**

**For more information call 458-2977**

