

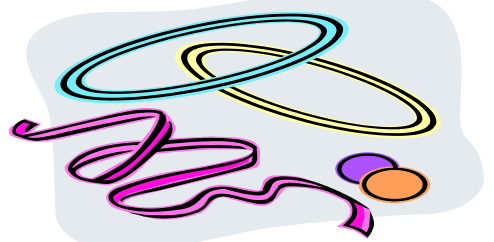
# Hula Hoop Fitness



**Tuesdays**  
**5:30pm -**  
**6:30pm**

**The Hoop Fitness workout with instructor Kelly Jo Stull is a feel good class that inspires strength, confidence, power and poise using the hula hoop.**

**Feel free to contact the Rec Center with any questions at 458-2977.**



**Cost is \$6.00 per class. All participants must have a Recreation Center Membership prior to taking the class.**