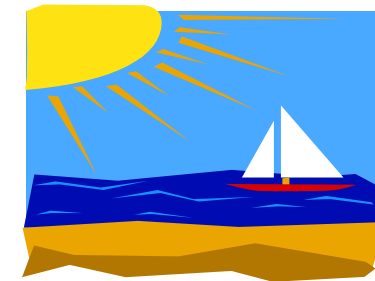


May 2008



Sun

Mon

Tue

Wed

Thu

Fri

Sat

				<p>1 Seaside Stretch 9-10 am (At Boardwalk Stage)</p> <p>Karate 5:45-6:45 pm Yoga 7-8 pm</p>	<p>2 Basic & Ball 8-9 am CB Aerobics 9-10 am Beach Body 5:30-6:30 pm Tae Kwon Do 7-8 pm</p>	<p>3 20/20/20 8:30-9:30 am</p> <p>CB Aerobics 9:30-10:30 am</p>
4	<p>5 CB Aerobics 8-9 am PI Exercise 9-10 am Seaside Stretch 5:30-6:30 pm Beach Body Workout! 7:15-8:15 pm</p>	<p>6 Step & Sculpt 8-9 am Pilates Plus Props 9-10 am Yoga 6:45-7:45 pm Karate 8-9 pm</p>	<p>7 CB Aerobics 8-9 am PI Exercise 9-10 am</p> <p>Tae Kwon Do 6-7 pm Tae Kwon Do 7-8 pm</p>	<p>8 Seaside Stretch 9-10 am (At Boardwalk Stage)</p> <p>Karate 5:45-6:45 pm Yoga 7-8 pm</p>	<p>9 Basic & Ball 8-9 am CB Aerobics 9-10 am Beach Body 5:30-6:30 pm Tae Kwon Do 7-8 pm</p>	<p>10 Annual Bike Rodeo Recreation Center Closed</p>
11	<p>12 CB Aerobics 8-9 am PI Exercise 9-10 am Seaside Stretch 5:30-6:30 pm Beach Body Workout! 7:15-8:15 pm</p>	<p>13 Step & Sculpt 8-9 am Pilates Plus Props 9-10 am Yoga 6:45-7:45 pm Karate 8-9 pm</p>	<p>14 CB Aerobics 8-9 am PI Exercise 9-10 am</p> <p>Tae Kwon Do 6-7 pm Tae Kwon Do 7-8 pm</p>	<p>15 Seaside Stretch 9-10 am (At Boardwalk Stage)</p> <p>Karate 5:45-6:45 pm Yoga 7-8 pm</p>	<p>16 Basic & Ball 8-9 am CB Aerobics 9-10 am Beach Body 5:30-6:30 pm Tae Kwon Do 7-8 pm</p>	<p>17 20/20/20 8:30-9:30 am</p> <p>CB Aerobics 9:30-10:30 am</p>
18	<p>19 CB Aerobics 8-9 am PI Exercise 9-10 am Seaside Stretch 5:30-6:30 pm Beach Body Workout! 7:15-8:15 pm</p>	<p>20 Step & Sculpt 8-9 am Pilates Plus Props 9-10 am Yoga 6:45-7:45 pm Karate 8-9 pm</p>	<p>21 CB Aerobics 8-9 am PI Exercise 9-10 am</p> <p>Tae Kwon Do 6-7 pm Tae Kwon Do 7-8 pm</p>	<p>22 Seaside Stretch 9-10 am (At Boardwalk Stage)</p> <p>Karate 5:45-6:45 pm Yoga 7-8 pm</p>	<p>23 Basic & Ball 8-9 am CB Aerobics 9-10 am Beach Body 5:30-6:30 pm Tae Kwon Do 7-8 pm</p>	<p>24 20/20/20 8:30-9:30 am</p> <p>CB Aerobics 9:30-10:30 am</p>
25	<p>26 CB Aerobics 8-9 am PI Exercise 9-10 am Seaside Stretch 5:30-6:30 pm Beach Body Workout! 7:15-8:15 pm</p>	<p>27 Step & Sculpt 8-9 am Pilates Plus Props 9-10 am Yoga 6:45-7:45 pm Karate 8-9 pm</p>	<p>28 CB Aerobics 8-9 am PI Exercise 9-10 am</p> <p>Tae Kwon Do 6-7 pm Tae Kwon Do 7-8 pm</p>	<p>29 Seaside Stretch 9-10 am (At Boardwalk Stage)</p> <p>Karate 5:45-6:45 pm Yoga 7-8 pm</p>	<p>30 Basic & Ball 8-9 am CB Aerobics 9-10 am Beach Body 5:30-6:30 pm Tae Kwon Do 7-8 pm</p>	<p>31 20/20/20 8:30-9:30 am</p> <p>CB Aerobics 9:30-10:30 am</p>