

# Zumba Fitness With Tori Casey



Zumba returns to the Rec Center starting September 15th! Zumba fuses hypnotic latin rhythms and easy-to-follow moves to create a dynamic fitness program that will blow you away. Participants achieve long-term benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

**Thursdays 5:30 - 6:30 pm**  
**\$6 per participant**

All participants must be Recreation Center members or pay the daily guest fee plus the rate of the class. For additional information, please contact the Recreation Center at 458-2977.

