



September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All fitness class participants must be a Recreation Center member or pay the daily guest fee prior to attending class.</p>					<p>1 CB Aerobics CANCELED</p> <p>Strength Fusion 9:15 - 10:15 am</p> <p>Champions in Motion 6:00 - 6:45 pm white belts 6:45 - 7:30 pm yellow/green 7:30 - 8:15 pm blue & above</p>	<p>2</p> <p>Zumba Toning 9:00 - 10:00 am</p>
<p>3</p>	<p>4</p> <p>CLOSED Happy Labor Day!</p>	<p>5</p> <p>Zumba Gold 9:00 - 10:00 am</p> <p>Line Dance 10:15 - 11:15 am</p> <p>Tae Kwon Do 6:00 - 8:45 pm</p>			<p>6</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength 45 - Fit 9:15 - 10:00 am</p> <p>Moving for Better Balance 10:30 - 11:30 am</p>	<p>7</p> <p>Zumba Gold-Toning 9:00 - 10:00 am</p> <p>Cycling 10:15 - 11:10 am</p> <p>Raqs Sharqi Dance 3:30 - 4:30 pm</p> <p>Guitar Lessons 6:00 - 7:00 pm</p> <p>Zumba 6:00 - 7:00 pm</p>
<p>10</p>	<p>11</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength 45 - Fit 9:15 - 10:00 am</p> <p>Zumba 10:15 - 11:15 am</p> <p>Luv 2 Act 4:15 - 5:45 pm</p>	<p>12</p> <p>Zumba Gold 9:00 - 10:00 am</p> <p>Line Dance 10:15 - 11:15 am</p> <p>Tae Kwon Do 6:00 - 8:45 pm</p>	<p>13</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength 45 - Fit 9:15 - 10:00 am</p> <p>Moving for Better Balance 10:30 - 11:30 am</p>	<p>14</p> <p>Zumba Gold-Toning 9:00 - 10:00 am</p> <p>Cycling 10:15 - 11:10 am</p> <p>Raqs Sharqi Dance 3:30 - 4:30 pm</p> <p>Guitar Lessons 6:00 - 7:00 pm</p> <p>Zumba 6:00 - 7:00 pm</p>	<p>15</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength Fusion 9:15 - 10:15 am</p> <p>Moving for Better Balance 10:30 - 11:30 am</p> <p>Champions in Motion 6:00 - 6:45 pm white belts 6:45 - 7:30 pm yellow/green 7:30 - 8:15 pm blue & above</p>	<p>16</p> <p>Zumba Toning 9:00 - 10:00 am</p>
<p>17</p>	<p>18</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength 45 - Fit 9:15 - 10:00 am</p> <p>Zumba 10:15 - 11:15 am</p> <p>Luv 2 Act 4:15 - 5:45 pm</p>	<p>19</p> <p>Zumba Gold 9:00 - 10:00 am</p> <p>Line Dance 10:15 - 11:15 am</p> <p>Tae Kwon Do 6:00 - 8:45 pm</p>	<p>20</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength 45 - Fit 9:15 - 10:00 am</p> <p>Moving for Better Balance 10:30 - 11:30 am</p>	<p>21</p> <p>Zumba Gold-Toning 9:00 - 10:00 am</p> <p>Cycling 10:15 - 11:10 am</p> <p>Raqs Sharqi Dance 3:30 - 4:30 pm</p> <p>Guitar Lessons 6:00 - 7:00 pm</p> <p>Zumba 6:00 - 7:00 pm</p>	<p>22</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength Fusion 9:15 - 10:15 am</p> <p>Moving for Better Balance 10:30 - 11:30 am</p>	<p>23</p> <p>Zumba Toning 9:00 - 10:00 am</p> <p>Youth Dance Luau 6:30 - 9:00 pm</p>
<p>24</p>	<p>25</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength 45 - Fit 9:15 - 10:00 am</p> <p>Zumba 10:15 - 11:15 am</p> <p>Luv 2 Act 4:15 - 5:45 pm</p>	<p>26</p> <p>Fit Body: Abs & Glutes 8:00 - 8:45 am</p> <p>Zumba Gold 9:00 - 10:00 am</p> <p>Line Dance 10:15 - 11:15 am</p> <p>Tae Kwon Do 6:00 - 8:45 pm</p>	<p>27</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength 45 - Fit 9:15 - 10:00 am</p> <p>Moving for Better Balance 10:30 - 11:30 am</p> <p>Mini Monets 4:30 - 5:15 pm</p>	<p>28</p> <p>Fit Body: Abs & Glutes 8:00 - 8:45 am</p> <p>Zumba Gold-Toning 9:00 - 10:00 am</p> <p>Cycling 10:15 - 11:10 am</p> <p>Raqs Sharqi Dance 3:30 - 4:30 pm</p> <p>Guitar Lessons 6:00 - 7:00 pm</p> <p>Zumba 6:00 - 7:00 pm</p>	<p>29</p> <p>CB Aerobics 8:00 - 9:00 am</p> <p>Strength Fusion 9:15 - 10:15 am</p> <p>Moving for Better Balance 10:30 - 11:30 am</p>	<p>30</p> <p>Zumba Toning 9:00 - 10:00 am</p>